

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Sutton Summer Silver Menu 2017

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 17 - Apr 08-May 05-Jun 26-Jun 17-Jul	<b>Main</b>	Sausages with Mashed Potatoes and Gravy(H)	Beef Macaroni with Cheese Topping (H)	Roast Turkey with Roast New Potatoes & Gravy(H)	BBQ Chicken with Rice(H)	Salmon Fish Finger with Chips & Tomato Sauce
	<b>Vegetarian</b>	Vegetarian Sausage with Mashed Potatoes and Gravy	Pepper & Tomato Quiche with Baby New Potatoes	Vegetarian Wellington with Roast New Potato & Gravy	Vegetable Lasagne	Mixed Peppers Cheese & Tomato Pizza
		Sweetcorn & Mixed Peppers Mix Green Beans	Broccoli Carrots	Roasted Seasonal Vegetables Garden Peas	Carrots Cauliflower	Baked Beans Garden Peas
	<b>Dessert</b>	Low Sugar Plum & Vanilla Crumble with Custard Organic Yoghurt Selection of Fresh Fruit	Wholemeal Banana Loaf with Custard Organic Yoghurt Selection of Fresh Fruit	Smoothie Organic Yoghurt Selection of Fresh Fruit	Chocolate Mandarin Sponge with Chocolate Sauce Organic Yoghurt Selection of Fresh Fruit	Shortbread & Yoghurt Organic Yoghurt Selection of Fresh Fruit
<b>Week 2</b> 24-Apr 15-May 12-Jun 03-Jul	<b>Main</b>	Lamb Spaghetti Bolognaise (H)	Beef Burger in a Bun with Salad and Baked Wedges (H)	Roast Pork with Roast Potatoes & Gravy (H)	Chicken Hotpot (H)	Fish in Batter with Chips & Tomato Sauce
	<b>Vegetarian</b>	Mixed Bean Cassoulet with Rice	Wholemeal Vegetable Pasta Bake	Lentil & Vegetable Quorn Roast with Roast Potatoes & Gravy	Vegetable Fajitas and Rice	Cheese, Onion and Spinach Quiche with Chips
		Garden Peas & Sweetcorn Carrots	Coleslaw Broccoli	Carrots Shredded Cabbage	Green Beans Sweet corn	Baked Beans Garden Peas
	<b>Dessert</b>	Pineapple Upside Down with Custard Organic Yoghurt Selection of Fresh Fruit	Low Sugar Apple & Berry Strudel with Custard Organic Yoghurt Selection of Fresh Fruit	Low Sugar Fruit Jelly with Cream Organic Yoghurt Selection of Fresh Fruit	Carrot & Courgette Cake with Custard Organic Yoghurt Selection of Fresh Fruit	Fruit Smoothie Organic Yoghurt Selection of Fresh Fruit
<b>Week 3</b> 01-May 22-May 19-Jun 10-Jul	<b>Main</b>	Ham and Pineapple Pizza	Lamb Lasagne (H)	Roast Chicken with Roast New Potatoes & Gravy (H)	Ginger Chicken Stir Fry with Noodle's (H)	Fishwich with Chips & Tomato Sauce
	<b>Vegetarian</b>	Spanish Omelette with Baby New Potatoes	Lentil & Vegetable Curry and Rice	Creamy Vegetable Wholemeal Pie with Roast New Potatoes & Gravy	Macaroni Cheese with Sliced Tomato	Veggie Chilli with Jacket Potato
		Sweetcorn Mixed Salad	Carrots Broccoli	Garden Peas & Carrots Mix	Cauliflower Sweetcorn	Garden Peas Baked Beans
	<b>Dessert</b>	Apple Flapjack Organic Yoghurt Selection of Fresh Fruit	Fruit Smoothie Organic Yoghurt Selection of Fresh Fruit	Low Sugar Fruit Jelly & Ice Cream Organic Yoghurt Selection of Fresh Fruit	Peach & Summer Fruit Crumble with Custard Organic Yoghurt Selection of Fresh Fruit	Toffee Crispy Organic Yoghurt Selection of Fresh Fruit



Available Daily  
Freshly cooked jacket potatoes Monday, Tuesday & Thursday with a choice of fillings  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt

(H) Indicates Halal Meat option is also available on that day