



Believe to Achieve

## Year 3 TOPIC HOMEWORK Spring Second Half Term

### Scrumdiddlyumptious!

Choose **one** of these tasks to complete:

Children will present their topic homework to the rest of the class to develop their speaking and listening skills.

#### **Food Diary**

*You might choose to keep a food diary for a week. Record your breakfast, lunch, dinner and any snacks that you had. Write your food diary in a table or a booklet. At the end of the week, write a summary paragraph to report whether your diet is a balanced one. Does it contain something from each food group? Tell the class how, if at all, you will change your diet by making it more balanced.*

#### **Festivals**

*You may wish to create an information booklet about a festival that involves eating a special type of food. There are lots to choose from! Research your chosen festival and present it in a booklet. You can stick in photos from the internet or draw your own diagrams to show the class. Make sure you write in your own words.*

#### **Ready, Steady, Cook!**

*You may choose to make a dish from a recipe book. Choose your favourite dish or one that you have never tried before. Follow the recipe and make your chosen dish. It could be a breakfast, lunch or dinner. As you are making your dish, make sure that you take photos from each stage of your making and cooking. Let your family try it, what do they think of it? Don't forget to take a photo of our final product!*



#### **Useful Websites:**

[http://www.bbc.co.uk/bitesize/ks2/science/living\\_things/health\\_growth/read/2/](http://www.bbc.co.uk/bitesize/ks2/science/living_things/health_growth/read/2/)  
[www.nhs.uk/Change4Life/.../C4L\\_supermeals\\_KS2\\_eatwell\\_plate.pps](http://www.nhs.uk/Change4Life/.../C4L_supermeals_KS2_eatwell_plate.pps)  
<http://www.topmarks.co.uk/interactive.aspx?cat=69>  
<http://resources.woodlands-junior.kent.sch.uk/customs/questions/festfood.htm>  
[http://en.wikipedia.org/wiki/Food\\_festival](http://en.wikipedia.org/wiki/Food_festival)  
[http://en.wikipedia.org/wiki/List\\_of\\_foods\\_with\\_religious\\_symbolism](http://en.wikipedia.org/wiki/List_of_foods_with_religious_symbolism)  
<http://www.jamieoliver.com/recipes/kids-recipes/>  
<http://www.bbcgoodfood.com/recipes/collection/kids-cooking>

**Since you are producing one piece of homework from the options above, we would like this to be presented to a high standard. We will see the final piece, but you will need to have done the following:**

- Thorough research
- Made notes
- Planned your work
- Made a first draft
- Edited and improved your initial ideas
- Checked for spelling and grammar accuracy
- Completed a final piece with illustrations

*We encourage help and support from parents, carers and other adults, but make sure what you hand in to be marked is your own work!*

**To present on Friday 24<sup>th</sup> March 2017**