

Prior Knowledge

What do Hindus believe about God and how does this influence their daily lives?

Hindus believe that **Brahman** is everywhere and there is a part of **Brahman** in everyone.

Brahman takes many forms.

Festival – a time of celebration

Diwali

Diwali is an Autumn festival, sometimes called the festival of **lights**.

During Diwali, Hindus retell the story of **Rama** and **Sita**.

Holi

Holi is celebrated in Spring and is known as the festival of **colours**.

The Hindu place of worship is called a 'Mandir' (Temple).

New Knowledge

What are the key features of some of the Deities?

Brahma is the **creator** of the world and all creatures. He is usually shown with four heads.

Vishnu is the **preserver** (protector) of the world. He has blue skin and four arms.

Shiva is the **destroyer** of the universe. Shiva destroys the universe in order to re-make it again.

What is the significance of the Aum symbol?

Om (also spelled **Aum**), is the most sacred symbol in Hinduism. In Hinduism, **Om** is like calling God's name towards you. This name is generally said three times, before chanting any prayers.

What writings are important to Hindus?

Hinduism does not have a single holy book, but several holy scriptures (holy books or texts.) The god Brahma, is believed to have created the 4 Vedas.

The Vedas are holy books that were mostly passed on through word of mouth before being written down.

What is reincarnation?

Many Hindus believe life is a cycle of birth, death and rebirth, with our actions in this life (our **karma**) effecting our future incarnations. Kindness leads to good karma, whilst selfishness leads to bad karma. This can happen thousands of times.

The end of the cycle is called **Moksha**, which can be reached if you live the best life you possibly can.



Moksha