

# Project ME

**THE MOST IMPORTANT  
PROJECT YOU WILL  
EVER WORK ON IS  
YOU.**

**SESSIONS  
RUN BY A  
QUALIFIED,  
EXPERIENCED  
TEACHER**

**SESSIONS TO HELP YOUR CHILD BUILD A POSITIVE  
MORNING ROUTINE AND SET THEM UP FOR A SUCCESS DAY  
AT SCHOOL THROUGH PHYSICAL ACTIVITY, TEAM GAMES,  
DRAMA, MINDFULNESS, DISCUSSION AND MORE.**

## **WAKE UP & WIN**

**SPRING TERM 2024**

**TUESDAYS 8:00-8:40AM**

**BARROW HEDGES PRIMARY SCHOOL**

**YEARS 3 & 4**

**9 WEEKS - £49.50**

**£5.50  
PER  
SESSION**

**GET IN  
TOUCH TO  
FIND OUT  
MORE!**



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