



Hooke Court 2023

Parent information slides

Travel

- 3 hour coach journey with a stop-off for lunch at roughly half way.
- Each child will need to bring a packed lunch on the morning of the trip
- Please ensure your child's teacher is aware of any likely travel sickness before we depart and that they have taken any medication for this before coming to school.
- For the journey home, we can administer medication prior to departure – all medication throughout the trip must be handed to your child's teacher with clear written instructions.
- For the journey, we ask that the children wear a school jumper over their normal clothes.



Accommodation

- All of our accommodation is self-contained and not shared with any other groups. We have two buildings (which are inter-connected) named Honeypot and Greenleaf.
- The children's rooms vary in size from sleeping 2, 4, 6, 8 or 10 people
- Prior to the trip we give the children the chance to write a choice of up to 5 others that they would want to share a room with and they can state a preference for sleeping in a big, medium or small room.
- When we allocate the rooms, we ensure that every child is sharing with at least one of their stated preferences.
- Usually, we have at least one spare room which we can move children to if they're unsettled in their current room for whatever reason.

Accommodation continued

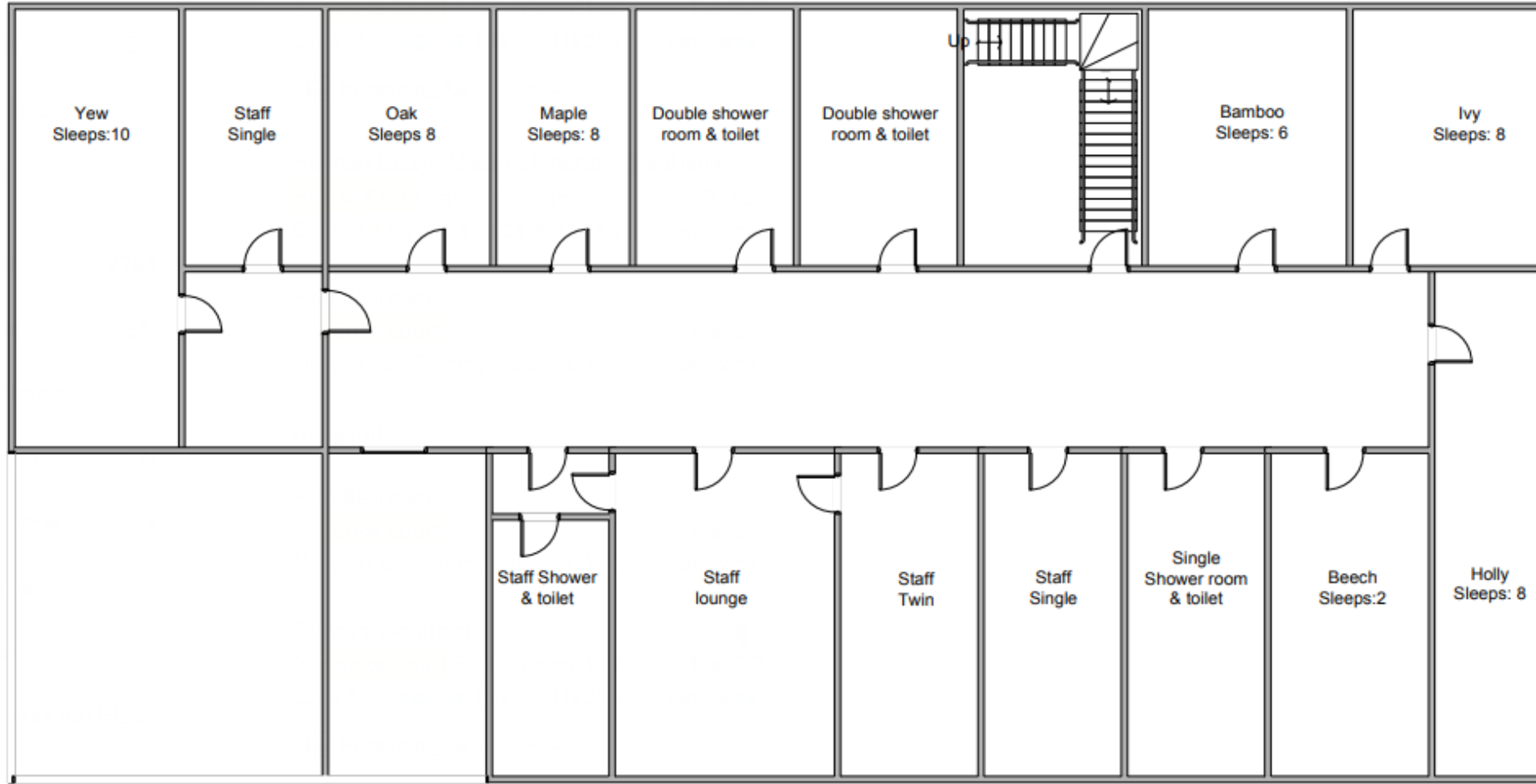
- Children will be expected to make their own bed (including putting duvet covers on) - if they could practise this at home prior to the trip that'd be very helpful.
- While we have access to shower rooms, it is impractical to allow children to routinely shower during the trip. As it is only 2 nights, we will only permit showers if they get particularly muddy or dirty during an activity.



Bedtime

- Bedtime varies across the 2 nights depending on when the evening activity finishes (some time between 9 and 10pm).
- When we return to our accommodation, the children will be given 15-20 minutes to clean their teeth etc and get ready for bed after which time lights will be turned off.
- Typically, the adults will remain in the corridor for some time to support any children who are feeling anxious and ensure that those who fall asleep quickly aren't disturbed.
- The children will be aware of where the adult bedrooms are in case they need help at any time of the night. They can, of course, use the toilets at any time of night.
- Bedwetting will be handled sensitively and effectively.

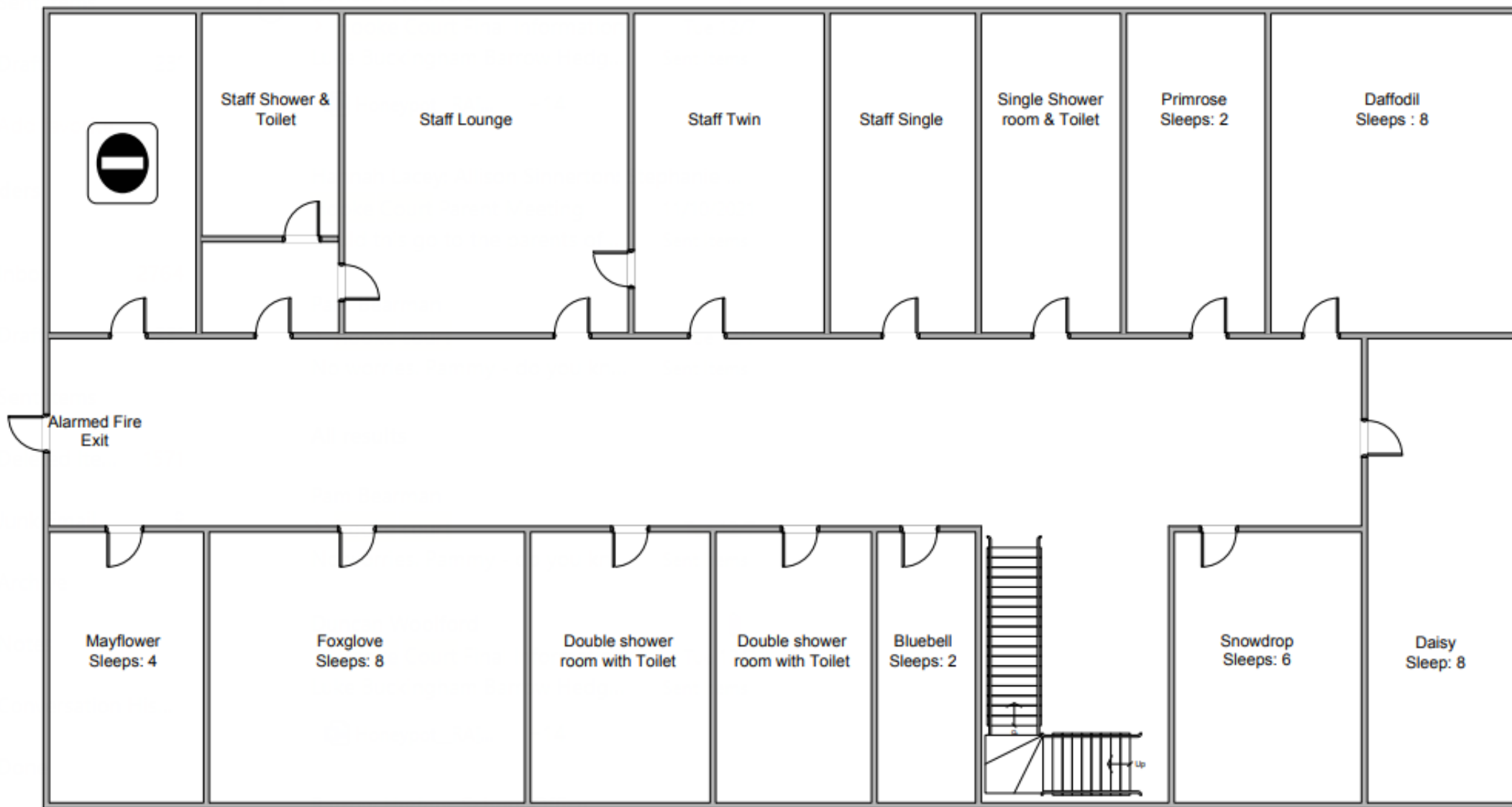
Greenleaf



Ground Floor

- 1 Staff twin bedroom
- Kitchenette
- Students common room
- Double Shower room with 2 toilets
- Cloakroom

Honeypot



Ground Floor

- 1 Staff twin bedroom
- Kitchenette
- Students common room
- Double Shower room with 2 toilets
- Cloakroom

Food

- The children are served 3 meals a day and a mid-morning snack - we ask that they do not bring sweets or any other food on the trip (except their packed lunch for the outbound journey) unless it has been cleared with their class teacher.
- Breakfast consists of cereal, toast and a cooked option.
- Although we can't guarantee the exact menu, in previous years lunch has been a choice of sandwiches with fruit, yoghurt and biscuits. Evening meals are typically pasta (with or without sauce and cheese), sausages with potato and veg and a salad bar.

Medicines

- Any medicine which your child is likely to need (e.g. piriton) must be provided.
- Children will be assigned an adult group leader. This adult will look after and administer any medication necessary. It is very important that any medicine is named with clear written instructions on.

Activities:

Den building (DT/Teambuilding)

Norman cooking (DT/History)

Sewing/weaving (Art)

Orienteering (PE)

Illuminated writing (History/English)

Balance ropes (PE)

Rocket building (Science)

Campfire songs (Music)

During the day, we split into two groups. All of the activities are led by Hooke Court staff.





School: Barrow Hedges

Note: these timings are based on previous years' experiences and are subject to change.

8.00 – Breakfast

9.30 Activity 1

11.00 – Snack time (juice and biscuits)

12.30 – Lunch

13.30 - Activity 2

16.30 – Free time (including showers)

18.00 – Dinner

19.00 – Evening activity

20.30 – Bed time

Questions

