



Marvellous Magpies

Person of the Month

Note for Grown Ups: February is LGBT+ History Month. We have chosen a figure who was a part of this community, and hope that this can provide you with an opportunity to talk about this special month with your children in a way that feels appropriate to your family circumstances and children's ages. If you would like to find support with this, this website has information that may be helpful: <https://lgbtplushistorymonth.co.uk/>

This month our inspirational person of the month is Josephine Baker. She was a dancer, spy and a civil rights activist who believed that people should not be treated differently because of the colour of their skin. Her amazing story has been told in a Little Leaders Big Dreams book, as well as featuring in the Fantastically Great Women series and Little Leaders: Bold Women in Black History. Perhaps there is something in the world today that you think is unfair and should be changed. You could write a letter, create a poster or even a leaflet to persuade people. Remember, we can all be the change we want to see.

Composer of the Month

We know we have featured this composer before, but this month John Williams has made history as the oldest ever composer to be nominated for an Academy Award. There are so many wonderful film scores we can listen to, but we have chosen the magnificent suite from Jurassic Park. Why not listen to it and imagine the dinosaurs swooping overhead. You could draw a picture, or even use paint or collage to create your prehistoric landscape.

Sporting Event of the Month: 6 Nations Rugby

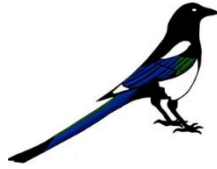
This month heralds the beginning of the Six Nations rugby tournament. With hopes high for all of the nations, it's anyone game! Here at Barrow Hedges, we know that many of the children will be supporting different nations, so why not show your support with a poster or poem!



[BBC Sport - Six Nations Rugby](https://www.bbc.co.uk)

Coverage of the championship between England, Wales, Scotland, Ireland, France and Italy
www.bbc.co.uk

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Mindful Moment

This month, we want to dedicate our wellbeing section to mindfulness, which means taking time to be calm and notice the things around you. A good way to do this might be to take a walk and watch how the environment is changing as we approach the end of the winter. Look out for how the cold weather has affected the natural world. You could collect leaves or foliage that has fallen from branches, but remember to have a grown ups permission first. You could even use what you find to make a “found art” collage, using the items to create an abstract image.

Midnight Marvel’s Heroes

Midnight Marvel is a real hero of ours, and he wears his super hero cloak to prove it, but today we want you to nominate your heroes. Tell us why that person is your hero, and Midnight Marvel will chose two or three as our “hero” winner.