



22ND November 2021

Dear Parents / Carers,

NATIONAL CURRICULUM EXPECTATIONS FOR SWIMMING

It has recently come to our attention that an increasing number of Year 5 children are opting out of swimming.

Since 1994, swimming and water safety has been a statutory element of the National Curriculum for physical education in England. This means that every 11 year old child should leave primary school with the skills to keep themselves safe while enjoying swimming with friends and family.

It is the expectation that every child participates in swimming lessons. If your child is in school then they are well enough to participate in swimming lessons. This is the same policy that would apply to other lessons, such as Maths, English and other PE lessons.

The COVID-19 pandemic meant that pools were closed for long periods and as we know swimming has multiple benefits for physical and mental health for both children and adults of all ages. It is therefore more important than ever that children participate in lessons.

If you have any questions or would like more information on swimming, please do not hesitate to contact me or visit -

www.theschoolrun.com/Swimming-at-school-information-for-parents or www.swimming.org/swimengland/new-requirement-schools-publish-swimming-levels-welcomed

Kind regards

Kelly Wallis
PE Subject Leader
Twitter - @barrowhedgespe



Harbury Road Carshalton Surrey SM5 4LA

Telephone 020 8643 4428
office@barrowhedges.com

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