



Prior Knowledge

What are the key customs followed by many Muslims during Ramadan?

During the month of **Ramadan**, **Muslims** won't eat or drink between dawn and sunset. This is called **fasting**. **Fasting** is important during **Ramadan** as it allows **Muslims** to think about their faith and come closer to **Allah**. **Ramadan** is also a time for prayer, doing good things and spending time with family and friends.

How do Muslims celebrate Eid-ul-Fitr?

The festival day begins with the first sighting of the new moon at the beginning of the tenth month of the Islamic calendar. **Muslims** wear their best clothes, decorate their homes and spend time celebrating with their friends and family. Some **Muslims** may give money to the poor so that they can also enjoy the day.

Why is a mosque a special place for Muslims?

The **mosque** is a place to gather for prayers, to study and to celebrate festivals such as **Ramadan**. It can also be used to house schools and community centres.

New Knowledge

Why do Muslims fast during Ramadan?

Fasting is important during **Ramadan** as it allows **Muslims** to devote themselves to their faith and come closer to **Allah**, or God. **Fasting** is one of the **Five Pillars of Islam**, which form the basis of how Muslims live their lives.



What are some of the challenges faced by Muslims fasting during Ramadan?

Fasting is particularly difficult for British **Muslims**, for whom daylight fasting means going 18 hours without food. **Ramadan** poses no danger to healthy people (apart from dehydration if you're not careful), but it can be risky for those with existing health conditions.

What is the significance of the mosque during Ramadan?

Many **mosques** provide food to the needy during **Ramadan**. After the sunset prayer, **Muslims** gather in their homes or **mosques** to break their fast with a meal called ifṭār that is often shared with friends and extended family.



What are the key customs followed by many Muslims during Eid-ul-Fitr?

Eid al-Fitr features two to three days of celebrations that include special morning prayers. People greet each other with “Eid Mubarak,” meaning “Blessed Eid” and with formal embraces. Sweet dishes are prepared at home and gifts are given to children and to those in need.