



Tuesday 19th October 2021

Dear Parents,

We are writing to you regarding our blended PSHE/Relationships Education, Relationships and Sex Education and Health Education curriculum that is fully implemented here at Barrow Hedges.

The school follows clear government guidance on curriculum content based on Relationship Education, Sex Education and Health Education regulations, making many aspects of this curriculum compulsory for primary aged children.

Relationship Education aims to provide the children with the fundamental building blocks, skills and characteristics needed to develop positive relationships with friends, families and other adults and children in their wider community. It aims to support and develop children's respect for themselves and others.

Health Education is defined as teaching pupils about physical health and mental wellbeing focusing on recognising the link between the two and being able to make healthy lifestyle choices.

The topics we cover are:

Families and people who care for us

Caring friendships

Respectful relationships

Being safe

Online relationships

Physical Health

Mental Wellbeing

At Barrow Hedges, we have created a curriculum based on acknowledging and understanding the differences in the ever-changing world in which our children are growing and learning. The



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curriculum aims to ensure your child can stay safe on and offline, learn to find their own voice and feel safe, secure and happy.

As you will read in our policy, Sex Education is only taught in Year 6.

We are of course aware that parents may have questions or concerns about the curriculum and parent partnership is crucial to an effective curriculum for all.

As such, attached with this letter is a copy of our Relationships Education, Relationships and sex Education and Health Education Policy and ask that you read this. We would appreciate it if parents complete the 'form' in PMX to acknowledge that you have done so.

Additionally, we would like to invite parents to a Question and Answer session (online, via Teams) on Tuesday 9th November - 6.30pm until 7.30pm. This will enable you to learn more about our curriculum. In order to assist us in preparing for this session, there is also a box on the PMX 'form' for parents to add in any questions you might have and would like covered in the session. We will ensure that answers to these questions are shared with parents regardless of whether you can attend the online Teams meeting.

If you would like to attend, we ask that you indicate this on the PMX 'form' so that we can set up the meeting and ensure that Teams invitations are sent out.

The PMX 'form' will close on Tuesday 2nd November. To reiterate, we ask that you please confirm that you have read the policy even if you have no further questions and do not wish to attend the online session.

You may wish to read further information about the statutory guidance:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

Kind regards,



Miss Katie Lucas



Mrs Janine Covey

(PSHE/Relationships and Health Education Leaders)