

Sutton

Children's Wellbeing Service

Workshop:

- Are you struggling to understand your child's thoughts and feelings during this difficult time?
- Is your child finding it difficult to express themselves appropriately?
- Would you like some tips and strategies to help manage at home?

Then this workshop could be useful for you!

When:

Tuesday 9 February at 10am

Or

Tuesday 9 February at 12.30pm

Or

Tuesday 9 February at 4pm

Where: Virtually (Microsoft Teams)

If you would like to join us for this workshop, please email SuttonCWP@swlstg.nhs.uk where you will receive a link to the workshop.

