



Year 6 – Pack 1 – Other Opportunities for Learning

Task 1: Philosophy

Read the list of questions below. Choose at least one question to answer. When you have chosen your question, write a paragraph explaining why you have opted for the answer you have selected. If you choose option 'd' for any answers, you can decide on what that option is. Include reasons for your choice and reasons for why you did not choose the other possible answers.

1. *What is the most important thing about a friend?*
 - a) *You can trust them*
 - b) *You like the same things*
 - c) *They spend time with you*
 - d) *Something else*

2. *What is the most important thing for a leader?*
 - a) *Getting to make final decisions*
 - b) *Having loyal followers*
 - c) *Having control over people*
 - d) *Something else*

3. *What is the most important thing about a story?*
 - a) *The characters*
 - b) *What happens*
 - c) *The way it ends*
 - d) *Something else*

4. *Which is the most beautiful?*
 - a) *A piece of art*
 - b) *A newborn baby*
 - c) *A rainbow*
 - d) *Something else*

5. *What makes people do the right thing when nobody else is watching?*
 - a) *Conscience and gut instinct*
 - b) *Morals and beliefs*
 - c) *Your family*
 - d) *Something else*

Task 2: History

Write a short biography for a historical figure you admire. They could be a famous person or an ancestor of yours (member of your family tree).

Use the internet to research more about their lives and present your findings. You may create your biography either using the computer or by hand.

Try to include the following:

- A timeline of their life
- A list of their achievements.
- What makes them inspiring to you.

Task 3: Science

Follow the instructions in the link to create your own milk experiment!

<https://happyhooligans.ca/magic-milk-experiment-explosion-colour/>

Find out more about the Science behind properties of materials below:

<https://www.stevespanglerscience.com/lab/experiments/milk-color-explosion/>

Task 4: Geography

Create a map for your perfect outdoor space, for example a park. Make sure you consider how each part of the space will be beneficial for people who use it.

Try to include the following:

- Different areas or zones
- Star features
- Facilities available (symbols to show these)
- A carefully labelled key

When you have created your map, why not try to create a prototype, either using lego or scratch?

Task 5: RE

Everyone possesses objects or artefacts which are important and precious. For some people, these will include some which are used daily whilst others are reserved for special occasions. Imagine a religious family (religion of your chose) is moving house. They have a special container for their four most precious religious artefacts. Which four objects will they put into the container?

- one artefact which is used daily
- one artefact which is used weekly
- one personal religious artefact
- one artefact which is used at a special time or festival

1. Design a poster (digital or otherwise) which shows the four artefacts.
2. Accompanying text should explain the importance of each artefact in terms of beliefs, teachings and practices.

Task 6: RE

Pick 2 religions that you have previously learnt about and think about what is different about them and what is the same. Use a Venn diagram to display this information.

Task 7: PE

Follow the link and have a go at one of Joe Wicks' High Intensity Interval Training workouts! If you enjoy it, there are lots more available on YouTube – just type in 'Joe Wicks for children'

https://www.youtube.com/watch?v=TUp2_VAHlrl

Task 8: PE

Follow the link and see how flexible you are!

<https://www.youtube.com/watch?v=J7ymsKEgKtw&list=PLnwoPgo24bhmqV8Y76iXnwYw9T9AlxbqJ&index=36&t=0s>

Once you've watched the video and tried out some of the moves, have a go at the exercise on the instruction poster below.

Task

9 – Art

Feeling Flexible? Home Physical Education

Can you complete the circuit with a partner, encouraging each other?

How to play:

- Layout 5 markers in a space around your area. These are your 5 flexibility circuit activities
- **Station 1:** Perform 10 extended tucks.
- **Station 2:** Perform 10 roll and release.
- **Station 3:** Perform 10 lunges.
- **Station 4:** Perform 10 arches, holding each one for 5 seconds.
- **Station 5:** Perform 10 extended leg raises.
- How many times can you repeat the circuit?

Can you keep trying even if you feel tired?

Top Tips

Stretch Out!

By stretching (static or dynamic) this will improve our flexibility.
'Flexibility is the elasticity of muscles when stretching and the ability to move joints through a full range of motion'

Let's Reflect

Do you understand why stretching your muscles will improve your flexibility?

Do you understand why it is important to be flexible when playing sport?

Complete P.E. **YOUTH SPORT TRUST** Believing in every child's future

1. **Act 1 (whole School) The Circle Game-** On a plain piece of paper, draw around something circular as many times as you can fit onto one page (lid of a Prit Stick, £2 coin, egg cup, or something of a similar size). Inside each circle think creatively and turn the circles into different drawings. On this example sheet they have drawn a pizza, slice of an orange and a coiled rope. What other drawings can you create that are circular in design?

The Circle Game

Name:

What can you turn these circles into? Think creatively! Use a sharp pencil as I am expecting a lot of detail. Choose if you are going to strictly stay within the circle or allow yourself to go slightly outside of the border. You may use colour if you wish.



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○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○

2. Act 2 Escher Style Tessellation Art- Follow in the footsteps of the famous Dutch artist MC Escher and create a tessellation piece of artwork, like the fabulous examples below;



Birds

Lizards

Fish

Man on horse

Click on the YouTube link https://www.youtube.com/watch?v=h0F1_qVt_aQ to follow the step by step process.