



# Barrow Hedgelines

Spring (2) 2020

## Congratulations

We are sure you will join us in wishing congratulations to Miss Lauren Thompson (ELSA) who got married at the end of February and is now Mrs Coote. Here's to many happy years together.

## Farewell

We are sad to have said goodbye to Mrs Chrys Smith who has made the difficult decision to leave Barrow Hedges as she needs to focus on her health. We are grateful to Mrs Joanna Connor (last year's Squirrel Class Teacher) for replacing Mrs Smith as our PPA teacher. We wish Mrs Smith all the very best for the future and she will come back in to school to say goodbye to the children when she is able to.



We have been practising our counting; making groups of 3, and learning to use the language of size to talk about the characters. We enjoyed dressing up as the 3 bears and retelling the story in our own words.



We even made our own porridge! Goldilocks smelled the porridge and came to Nursery to visit us and tell us her side of the story. It was very exciting.

which was very exciting! We wondered, what would hatch? The children learnt to write egg diaries, observing the changes over time. We learnt that girl chicks are brown and boy chicks are yellow. We also learnt about the life cycle of a hen and had lots of fun discussing where an egg comes from. We raced the chicks to see who was the fastest and did lots of silent cheering to spur them on. Boys raced the girls, luckily it was a draw! The children loved holding the chicks, which was tricky because they were very wriggly!



We read a story called the 'Odd Egg' and from this egg, out popped a crocodile. We thought of our own creatures that could come from eggs and used our ideas to make our own stories. We decided

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## Nursery – Goldilocks and the Three Bears

In Nursery we have been reading the story, 'Goldilocks and the Three Bears.'

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## Reception – Living Eggs

In Reception, we were asked 'Are Eggs Alive?' We had eggs delivered to Reception from the farmer,

that eggs are not alive but something could be growing inside them! Which is very exciting.

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## Year 1 – Fossil Workshop

On Friday 6th March 2020 Year 1 had a special visitor come into school to tell us all about fossils. He explained to us what a fossil was and how fossils were made. He brought in large sand boxes with real fossils for us to look at. We had to be very careful because some of these fossils were millions of years old!



We had fun identifying fossils from some of the most iconic dinosaurs of the past – Tyrannosaurus Rex, Stegosaurus and Triceratops. We got to ask our questions to a dinosaur expert! We learnt all about when the dinosaurs lived, where they came from and what they ate.

*Murray – “I enjoyed brushing away the sand and loved looking at the giant skull of the*

*Allosaurus! It was millions of years old so we had to be very careful”*

*Rebecca – “I liked looking at all the different fossils. The Carnivores had very sharp teeth for tearing meat.*

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## Year 2 – Muck, Mess and Mixtures

Year 2 have enjoyed a terrific start to what has sadly turned out to be short Spring term. We kicked off with an awesome messy day where they got to grips with what their new scientific topic would be about. On our engage day we made ice cream, experimented with mentos and coke, and attempted to make slime! Our topic, 'Muck, Mess and Mixtures' had a science focus where we have investigated different materials and their properties by completing different investigations.



I think our favourite one was trying to patch a hole in a bucket using materials around the classroom! In English we have been reading George's Marvellous Medicine will be

completing our own versions of the book by the end of the term. Whilst it may not have been the longest, it has certainly had some great memories, including World Book Day where the costumes in Year 2 were absolutely incredible.

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## Year 3 – Scrumdiddilyumptious

As part of our theme, 'Scrumdiddilyumptious,' year 3 have been doing lots of baking! We started the unit by working together to bake Rainbow cakes and then later in the half term, we got to taste different pizzas.



We used this as research to design and make our own healthy pizzas using a tortilla for the base.



This unit really has lived up to its title!



### Year 4 – Hooke Court

Before the school closure, Year 4 was able to go ahead with our residential trip to Hooke Court. And how fortunate we were! The children had a fantastic time developing skills of independence and collaboration as well as deepening their understanding of the Normans, which has been a key part of our Traders and Raiders theme for this half term. Some of the activities we took part in were: den building, Norman jewellery making, cooking, rocket building and orienteering.



A fantastic time was had by all and it was in many ways the best possible note on which to end this half term at school.

### Year 5 – Beast Creator

To complement Year 5's Science topic of 'Living Things & Their Habitats', we took part in a workshop where we met arachnids, arthropods, molluscs and myriapods. Some children were even brave enough to handle some of the animals (not the venomous tarantula though, of course)

We were able to observe their weird and wonderful adaptations and learned about how each of them is specially adapted to either help them catch their prey, or to keep themselves protected from predators. This was a fantastic way to conclude our theme 'Beast Creator' in which the children used their imaginations to make their



very own, unique 'beast creation.'

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## Year 6 – Evolution

In Year 6, we have been busy looking at Evolution and how Charles Darwin impacted science and the way we understand life. The children have thoroughly enjoyed exploring the Galapagos Islands and how this interesting archipelago inspired Darwin's original Theory of Evolution. In the first stages of our topic, the children looked at human evolution and had a wonderful time recreating a picture of the stages of this.



We have also created a wonderful new display (thank you Mrs Johnson and Mrs De Marco) where the children can view current and popular books. This is something we hope the children will continue to do with their peers over Google Classroom as it is incredibly important to continue reading and what better way than to read

something a friend has recommended!



We would finally like to thank all the children in Year 6 who have been amazing and incredibly resilient regarding the changes to our learning. They've been wonderful and have adapted brilliantly! It is lovely to read all of their comments and positivity.

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## Letters from Y6 children

Year 6 children had been busy writing letters to Barrow Hedges parents to inform you of the impact that plastic pollution has on our environment and suggesting ways to reduce your plastic footprint. These turned out fantastically and we would like to share some of them with you!

*Dear Parents of Barrow Hedges' Children,*

*I am writing to you today, addressing my concern on the increasing plastic pollution in the oceans. Every day, approximately*

*8,000,000 pieces of litter are disposed of into the waters. As an eco-friendly community, we should all endeavour to minimize our plastic footprint.*

*Our earth is not a waste bin. If we continue to disregard this ruinous subject, this worldwide issue could be too late to solve. Habitats are already being demolished, and creatures are becoming injured from our faults. This does not have to happen any longer, if you and others lend a hand.*

*You can contribute by:*

- Recycling properly*
- Trying not using plastic bottles and single use plastic bags*
- Help collect litter*
- Spread the word*

*Fish, sea turtles and marine mammals can become entangled in or ingest plastic, causing starvation, suffocation and drowning. Scientists predict that in a few decades, many more animals will become endangered.*

*For more information, contact our friends at Greenpeace or call the number 3055 2176 7400.*

*Sandee*

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*Dear parents/carers,*

*I am writing to encourage you to reduce the usage of*

single use plastic and to reduce your plastic footprint. Ours seas and oceans aren't thriving because we are throwing away too much plastic and not reusing or recycling. Your plastic footprint is the amount of plastic you throw away when it is still in good condition.

Over 5 trillion pieces of plastic are afloat today (that is more plastic than people in the world) waiting for its next victim - the sea life. Plastic is killing thousands of incredible creatures that make this earth what it is. This is a cruel way for them to die and we are letting this happen. These animals didn't do anything to you so why are you still using so much plastic and throwing it away in good condition? Plastic takes over 7 years to decompose, that is several years for many water beasts to die or become severely ill, this is not okay.

We strongly believe that everyone can help reduce their plastic footprint so you can too! There are many different ways you can reduce your plastic footprint: reuse plastic bags and plastic bottles or buy reusable ones, support communities working to help or volunteer to help clean the sea yourself! Also don't forget to recycle! You CAN reduce your plastic footprint so why shouldn't you?

Fruit and vegetables that come from farm shops and local market stalls are healthier for you and they have less plastic packaging. Studies have shown that organic fruit and vegetables are better for your health. Also, some supermarkets (like Sainsbury's) supply 30p woven bags made from recycled products for customers to put their loose fruit and vegetables in as a plan to reduce the use of plastic bags.

What are you going to do to help? Check websites for more information on how to make our earth a cleaner place. Don't forget to recycle and reuse things. Top Tip, upcycle old things like bottles and jars that can be made into things like mindfulness jars with glitter!

Yours faithfully Daisy.

Dear Parents and Carers of Barrow Hedge's Children,

I am writing to you today to inform you about how you and your children can reduce your plastic footprint. Recently, it has become a worldwide problem and everyone is very aware of this, it is polluting our Earth and it must stop! Today I would like to talk to you about how you can reduce your plastic footprint either when you are out or at home and make a positive change

to the world. Are you doing enough?

As you may or may not know, plastic wastage is a problem spreading all across the globe and it is not getting any better. Every day one whole truckload of rubbish and plastic enters our oceans and is killing the poor marine animals and the plants that live in the water. No one is realising the disastrous effects this has on our world and when it gets so bad, which it will be very soon, it will be too late to do anything about it. Each year three hundred million tonnes of plastic ends up in our ocean and is destroying our beautiful underwater wildlife. Even if you only make one small change you are still helping. Remember that!

According to the Ocean Conservancy, plastic has been found in more than 60% of all seabirds and 100% of sea turtle species. How does this make you feel? There are so many ways you can reduce your plastic footprint:

- use paper straws instead of plastic ones - paper straws disintegrate whereas plastic ones do not.
- buy a reusable water bottle and don't keep using the single use ones.
- get a reusable shopping bag to take to the supermarket so you don't use the plastic ones.

- at family events or dinner parties don't use plastic cutlery use metal cutlery.

These are just a few of the many ways you can help.

In hundreds and thousands of years, the plastic you use will still be sitting on the Earth either in the polluted water or on the littered streets. When you drop a piece of litter on the streets or don't pick it up from where you were sitting, that will end up in the ocean and harm an innocent animal that you have most likely just badly harmed or even killed. Animals' homes are being destroyed because of this, and even worse, they are being put through horrible pain and suffering as a result of the plastic that lies in the ocean. It is never too late to save the underwater world (animals and plants). The effect this has on our world is devastating.

As you can see, plastic does have a big effect on the globe, so how are you going to change your ways when using plastic?

Yours Sincerely,

Erin

## Year 6 Transfer to Secondary School

Below is the table showing where all our Year 6s will be moving on to in September. Whatever happens we will be arranging a special farewell if schools do not reopen before then.

Year 6 Secondary School Breakdown	
1	Carew Academy
10	Carshalton Boys Sports College
8	Carshalton High School For Girls
1	Cheam High School
4	Glenthorne High School
1	Greenshaw High School
18	Harris Academy Sutton
3	Nonsuch High School For Girls
20	Oaks Park High (formerly Stanley Park High)
9	Overton Grange School
4	St Philomena's Catholic High School for Girls
2	Sutton Grammar School
2	The Beacon
1	Tiffin School
2	Wallington County Grammar School
1	Wallington High School For Girls
2	Woodcote High School



Well done to Devyn for a fantastic piece of English. Here it is!

Tuesday 25<sup>th</sup> February 2020

L.O: To write a range of kennings as a group

By Devyn



- Head defender
- Golden attacker
- Sword deflector
- Soldier protector
- Brain saver
- Tomb builder



- Body saver
- Man protector
- War defender
- Warrior maker
- Heart defender
- Wood shielder



- Man slayer
- Village taker
- Home destroyer
- Sun reflector
- Throat choker
- Brain collector



- Wood chopper
- Head remover
- Man helper
- World destroyer
- Battle winner
- Brain halver



- Fire slinger
- Heart killer
- Man stopper
- War helper
- Poison launcher
- Body wounder



- Sea crosser
- Travel helper
- People carrier
- Night sailor
- Wave destroyer
- Treasure hunter

## Monthly Magpies

Welcome to our second special edition of the monthly magpies. We are so impressed with the amazing way all of you have adapted to using our online learning environment, but during what would have been the Easter Holiday we want you to be able to enjoy a bit of a rest from Maths and English so we have made this “Bumper” version of the magpies to give you some fun ideas if things you could do instead. Don't forget to look at last time's magpies on our class page, as well you theme activities for further ideas.



### Visit a virtual zoo

Many zoos around the country are showing live webcams of their animals creating an online virtual zoo for us to enjoy. You can see which zoos are taking part at [https://www.manchestereveningnews.co.uk/whats-on/family-kids-news/zoos-watch-animals-live-cameras-17975007?\\_ga=2.218733914.2139912819.1585643687-197220096.1585643685](https://www.manchestereveningnews.co.uk/whats-on/family-kids-news/zoos-watch-animals-live-cameras-17975007?_ga=2.218733914.2139912819.1585643687-197220096.1585643685) though do please be aware that the website also contains adverts from external links so a grown up should help you select which zoo you'd like to visit. Why not design your own zoo? Which animals would you keep there? Would you include any that are now extinct?



### History Heroes

This month we are celebrating people from History who have been heroic in any form. Head to [https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email) HYPERLINK "[https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email&utm\\_campaign=Downloadable%20Content&utm\\_content=Downloadable%20Content+CID\\_da0bd81bf00e8a032b08445390315dae&utm\\_source=Email%20marketing&utm\\_term=GET%20DOWNLOADS"&](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email&utm_campaign=Downloadable%20Content&utm_content=Downloadable%20Content+CID_da0bd81bf00e8a032b08445390315dae&utm_source=Email%20marketing&utm_term=GET%20DOWNLOADS) HYPERLINK "[https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email&utm\\_campaign=Downloadable%20Content&utm\\_content=Downloadable%20Content+CID\\_da0bd81bf00e8a032b08445390315dae&utm\\_source=Email%20marketing&utm\\_term=GET%20DOWNLOADS"&utm\\_campaign=Downloadable%20Content](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email&utm_campaign=Downloadable%20Content&utm_content=Downloadable%20Content+CID_da0bd81bf00e8a032b08445390315dae&utm_source=Email%20marketing&utm_term=GET%20DOWNLOADS) HYPERLINK "[https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email&utm\\_campaign=Downloadable%20Content&utm\\_content=Downloadable%20Content+CID\\_da0bd81bf00e8a032b08445390315dae&utm\\_source=Email%20marketing&utm\\_term=GET%20DOWNLOADS"&utm\\_source=Email%20marketing](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email&utm_campaign=Downloadable%20Content&utm_content=Downloadable%20Content+CID_da0bd81bf00e8a032b08445390315dae&utm_source=Email%20marketing&utm_term=GET%20DOWNLOADS) HYPERLINK "[https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email&utm\\_campaign=Downloadable%20Content&utm\\_content=Downloadable%20Content+CID\\_da0bd81bf00e8a032b08445390315dae&utm\\_source=Email%20marketing&utm\\_term=GET%20DOWNLOADS"&](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email&utm_campaign=Downloadable%20Content&utm_content=Downloadable%20Content+CID_da0bd81bf00e8a032b08445390315dae&utm_source=Email%20marketing&utm_term=GET%20DOWNLOADS) HYPERLINK "[https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm\\_medium=email&utm\\_campaign=Downloadable%20Content&utm\\_content=Downloadable%20Content+CID\\_da0bd81bf00e8a032b08445390315dae&utm\\_source=Email%20marketing&utm\\_term=GET%20DOWNLOADS"&utm\\_term=GET%20DOWNLOADS](https://www.historyheroes.co.uk/fun-downloads-and-activities/?utm_medium=email&utm_campaign=Downloadable%20Content&utm_content=Downloadable%20Content+CID_da0bd81bf00e8a032b08445390315dae&utm_source=Email%20marketing&utm_term=GET%20DOWNLOADS) for timelines, word searches and colouring sheets. If you come across someone you don't know, why not find out more by researching them. You could make a top trumps game of your favourite Historical heroes and heroines to play with your family.



## **Easter Hat Parade**

This week, EYFS and KS1 should have been doing an Easter Hat Parade. In this strange time, we are missing out on so many things, but this doesn't have to be one of them! Why not make a paper hat (templates can be found at the link below) and upload a photo to your online classroom when the Easter holiday is over? For this special time everyone can join in no matter what year group they are in. Show us your creativity and artistic flair.

Templates can be found at <https://www.firstpalette.com/printable/paper-hats.html>



## **Genius Geography**

Do you fancy challenging your grown ups to a Geography Quiz? Check out <https://world-geography-games.com/> for some fun and challenging quizzes and games based on continents, countries and flags.



## **Songs of hope**

We know that this is a strange time, and it's OK to feel a little bit scared. It's really good to remember that we are not alone and that there is always hope. We asked teachers to suggest songs that make them feel hopeful or that have brought hope in the past. You'll find the list below. How do these songs make you feel? Could you write your own song of hope? Send us recordings of your songs, and we'll try to share some in the first magpie assembly when we go back to school.

Songs of Hope List:

We'll Meet Again by Vera Lynn

Proud by Heather Small

Fight Song by Rachel Platten

I believe by Honey

Here comes the sun by The Beatles

What a Wonderful World by Nat King Cole

Imagine by John Lennon

Get back up again by Anna Kenrick

Three Little Birds by Bob Marley

Mr Pearce and Mr Buckingham have also suggested songs that make them feel like part of a team. Mr Buckingham suggested “You’ll never walk alone” and Mr Pearce added “I’m forever blowing bubbles.”



## **Character Crafts**

There are so many brilliant crafts online using every day objects to recreate your favourite fictional characters. Why not use what you have to recreate a favourite character of your own? Here are some pictures for inspiration:



## **Amazing Author**

This month we want to celebrate all the fantastic authors who have released their books for free on places like Audible. In particular we are thinking about the books of David Walliams who has been releasing audio books on his website: <https://www.worldofdavidwalliams.com/elevenses/> . We know lots of you love David’s books, but we would recommend that grown up checks them out with you as some of the books are aimed at older children and have come language in it that may not be appropriate for your age group.



## **Keeping Active**

Try to keep as active as you can during the easter holidays. You can log on to YouTube.com and enjoy exercise, yoga and dance actives for children and adults of all ages.

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

<https://www.youtube.com/user/CosmicKidsYoga>

<https://www.youtube.com/channel/UC0Vlhde7N5uGDIFXXWWEbFQ>

As well as these why complete an 'active challenge' in your home or garden. Former Team GB javalin thrower James Campbell is running a marathon in his 6 metre long back garden; what challenges could you set for yourself? How about a garden daily mile or home skipping competition with a sibling or family member?

<https://www.bbc.co.uk/news/uk-england-gloucestershire-52109270>



## Keeping children happy and safe online during COVID-19

As schools close, or run at a limited capacity as a result of COVID-19, we know that parents and carers are having to manage their child's use of technology and help them learn remotely. This can feel overwhelming but we are here to help!

Here are lots of useful resources and tools that you as a parent or carer can use to help ensure your child is safe and happy online.

## Online safety activities you can do from home

As your children spend more time at home and are going to be online more than ever, we've pulled together a list of easy-to-use resources. They are broken up into ages and include quick activities, films and plenty more fun ways to engage your children. From identifying fake news to online bullying – there is plenty for you to use and adapt for your family.

- [For 3-7 year olds](#)
- [For 7-11 year olds](#)

## Getting advice and guidance if something goes wrong

As young people spend more time online there is also an increase in the chances they will see something online which isn't intended for them. Whether this is fake news and impersonation, or mean comments, there are lots of places you can go for help and advice on how to report this behaviour. Together as a family you can also help prepare your children and build their critical thinking skills.

## Making a report

[reportharmfulcontent.com](https://www.reportharmfulcontent.com) is a website designed to help you report anything which you believe shouldn't be online, with guidance about how to report different types of content as well as help with the next steps you can take if your report isn't actioned by the site or service you have made it on.

## Speaking to someone

**For young people** - depending on the age of your child there are a range of places they can go for help, for younger children they can **call Childline** for help and support, and for older children **The Mix** offer free and practical advice.

**For parents and carers** - **The O2 and NSPCC helpline** can help you with any questions or concerns you may have about keeping your child safe online, they can provide you with advice and help to troubleshoot any problems your family may be facing.

## Making the most of the internet as a family

### Creating a family agreement

A **family agreement** is a great way to start a conversation with your whole family about how you all use the internet. As you have everyone at home, it's a fantastic way to set boundaries and discuss how you are all going to use technology during this time. Where is tech going to be used in your home? How are you going to share it and what times of the day can different family members have access? It's also a great way to discuss how to behave online and talk about what happens if something upsets or worries your child.

### Having a conversation

As a parent or carer, the best tool to support your child in leading a happy and safe life online is open conversation. Our **Parents' Guide** gives advice on how to begin these discussions, how to work together as a family to support your child online, and how to handle difficult conversations or situations.

### Topic specific advice for parents and carers

From livestreaming and parental controls, to grooming, our website has advice for parents and carers on a **range of topics**.



# Sporting Hedge

## Boys Football

Although the season did not finish in the way anybody expected or wanted, we have fortunately been able to celebrate some incredible sporting success amongst the boys of Barrow Hedges this year.



Unfortunately, we also finish with a sense of 'what if?' as at the time of football being suspended we were looking forward to semi-finals in both the Borough Cup and the Wallington Cup. Sadly, it is now unlikely that these competitions will be completed this year but we will have more information once we return to school.

Our player of the season was undoubtedly Tojayo for his commitment, perseverance, skill and positivity; however all of the boys deserve the highest praise possible for playing their part in forming a fantastic team unit. We wish to extend massive thanks to all of the boys and also their parents for their amazing support throughout a very busy season; it has truly been a privilege. Well done - Max,

Campbell, Alex, Freddie, Tojayo, Finley W, Albie, Oliver T, Jeremy F, Joshua and Joseph G.

We also had another successful season in the B league with 5 wins, 1 draw and 2 defeats from our 8 games as well as reaching the semi-final of the Year 5 Wallington Cup.

Boys 'A' League Table					
Team	Played	Won	Drawn	Lost	Points
BARROW HEDGES	C	11	0	0	33
BH WOODFIELD	11	10	0	1	30
HARRIS	9	6	0	3	18
BH M/FIELD	8	5	1	2	16
ALL SAINTS	11	5	0	6	15
ST ELPHEGES	7	4	0	3	12
HACKBRIDGE	10	3	2	5	11
TWEEDALE	9	3	2	4	11
STANLEY PARK	10	3	1	6	10
HOLY TRINITY	11	3	0	8	9
HIGHVIEW	9	2	1	4	7
ST MARYS	7	2	0	5	6
MUSCHAMP	5	1	1	3	4
BEDDINGTON PARK	9	0	0	3	0

After 40 years of hurt, we have finally captured the boy's A league title and did so in some style. Of the 11 league games played, we won all 11 while scoring an incredible 73 goals in the process and only conceding 13.



Boys 'B' League Table					
Team	Played	Won	Drawn	Lost	Points
GREEN WRYTHE	7	7	0	0	21
BARROW HEDGES	8	6	1	1	19
BH WOODFIELD	6	4	1	1	13
HACKBRIDGE	8	3	2	3	11
FORRESTERS	6	3	1	2	10
HOLY TRINITY	8	2	1	5	7
ST MARYS	6	2	0	4	6
ST ELPHEGES	4	2	0	2	6
ALL SAINTS	7	1	1	5	4
WALLINGTON	5	1	1	3	4

We've been blown away by how well some of our Year 4 pupils have performed in matches for the B team this year; an opportunity which we offered for this first time this year and one which we're now very keen to take forward! So if you're a football lover in years 3, 4 or 5 make sure you're practising your skills in the back garden ready for trials when we return to school! - Mr Buckingham and Mr Pearce

For more information about CAFC Soccer schools please go to - <https://www.soccerschools.club/news>

## Girls Football

Another great season for our Barrow Hedges girls! Although the season did not end as expected, we did finish top of the Easthope league and Borough Cup Finalists.

Girls League Table - Easthope Division					
Team	Played	Won	Drawn	Lost	Points
Barrow Hedges	6	6	0	0	18
Cheam Common	7	5	1	1	16
Robin Hood	6	3	0	3	9
Manor Park	4	2	0	2	6
Dorchester	4	1	0	3	3
St. Dunstan's	4	0	1	3	1
Stanley Park	2	0	0	2	0
A.S. Benhillon	3	0	0	3	0

Unfortunately, it is unlikely that the final will be played this year, but at least we get to keep hold of the Borough Cup title for another year!

Well done to all of you and thank you for your dedication and enthusiasm throughout the season. – Miss Duffin

<http://www.suttonschoolsfa.co.uk/>

## Rugby

### Year 5 Inter Class Rugby

As part of the curriculum, Year 5 have been learning tag rugby and developing

their skills in passing, defending and how to transfer this to competitive matches.

What better way to test their skills than in a Year 5 Inter Class rugby tournament. Children were split into teams of 6 and each team played 3 matches – the totals were added up by Archie to see which class had the most points.

It was a fantastic morning of rugby with 36 games and over 40 tries scored. Well done to BEECH class who were crowned winners.



### Sutton Schools Tag Rugby

On Friday 14<sup>th</sup> February, children from Y5 and 6 took part in the last tag league fixtures of the season.

The children have been working hard practising their passing, scoring and holding defenses in PE

lessons and at lunchtime club.

Our game against Cheam Park Farm was our toughest test yet and the children demonstrated great team work to push CPF back and prevented them from getting in front. The game finished 4-1 to Barrow Hedges with tries from Finley W (Willow) and Campbell (Willow).

We went into our last game full of confidence and, once again, showed great team work and sportsmanship. Joe G (Cedar) worked hard down the wing and pushed the team forwards. It was a tough game, with the sides fairly evenly matched. However, our hard work paid off and the game finished BH 5 – Cheam Common 4

Well done to all the children who have represented the school in this competition and they should be proud of their achievements.

We have now qualified for the semi- final (1<sup>st</sup> time ever!) and we look forward to re-scheduling our match against Regina Coeli later in the summer term.



## Netball

On 26<sup>th</sup> February girls from netball club took part in their first competitive tournament. This is a true testament to how much progress they have made since the start of the year, which for many has been their time playing the game.

The tournament was based on Hi-5 netball, which is a simplified game with fewer players (no WA or WD). Both A and B teams played brilliantly with some great passing and defending.



The highlight of the afternoon was BH A vs BH B! Well done girls on a fantastic afternoon of netball.

Our last game in the Spring netball league was against Dorchester Primary.

The A team game was dominated by Barrow Hedges and finished 3-0. The B team game was also thrilling to watch and Isla M (Beech) and Leila M (Chestnut) helped us secure a 3-1 win.

Thank you to Mrs Reynolds, Oaks Park High Y10 students and parents for your continued support and encouragement. The difference in passing, communication and match play is remarkable and the girls should be proud of their successes.

## Daily Mile

This half term, we have been super active and many classes have been out doing the Daily Mile. Well done to everyone who has taken part.

This half term our top classes are:

1<sup>st</sup> – Kingfishers

2<sup>nd</sup> – Elm

3<sup>rd</sup> – Walnut

## Year 6 Bikeability Plus

As part of a new Transport for London cycle initiative, children from Year 6 were selected to take part in Bikeability Plus 1-1 sessions. Despite initial reservations, the children faced their fears and had a go at riding a bike – for some this was their first time on a bike!

Well done to Zac (Willow), Adrian (Willow), Tojayo (Willow), Madison (Willow),

Yunus (Willow) and Amelia (Chestnut).

## Year 6 Cycling

On Wednesday 11<sup>th</sup> March children from Y6 took part in the Sutton Borough cycling competition at Northey Avenue. With over 19 teams entered from 9 different schools it is always a tough, competitive event. There were 3 different competitions to enter – Cross Country, Agility skill test and a Road Safety Quiz. With Mr Blackman's help, our Site Manager, the children were well prepared and were excited to get started.



All the preparation paid off and our performance in the cross country was outstanding with all our riders finishing in the top 15 and Lily (Chestnut), Daniel (Chestnut) and Aryan (Chestnut) first across the line in their respective races.

It was a hugely successful afternoon for Barrow

Hedges, finishing 1<sup>st</sup> overall for record 5<sup>th</sup> time! There were also individual medals for Naia and Lily.



Thank you to Mr Blackman for all his help and top tips! Also, a big thank you to all the parents for their support. We are extremely proud of all the children that took part – what a fantastic achievement!

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### **Year 6 Strictly Come Dancing**

At the start of the Spring term, Year 6 children began a 12 week block of traditional dancing, learning the waltz, quick step, Pasa Doble, and the jive. The children worked in couples to learn and recreate the dance steps to put together a finishing piece. With Libby's help, the children

were able to add flair, rhythm and polish their performances.

Unfortunately, the Strictly Come Dancing Showcase has been postponed but the children were able to do a quick mini-performance on our last day at school.

*'It was with great sadness that our usual Strictly showcase was not possible this year. We were grateful to Ms. Wallis for arranging a mini showcase on the last day of term for an audience consisting of the children's teachers, the senior leadership, administration team and Cedar class. The children performed beautifully, having spent the afternoon adapting their routines to incorporate the non-contact advice from the Government. The children's performances were touching and they were a credit to themselves.'* – Mr. Lowes

If you are missing our Strictly sessions, try Oti Mabuse (SCD Professional) who has dance master classes which can be viewed on Youtube.

[https://www.youtube.com/channel/UC58aowNEXHHnflR\\_5YTtP4g](https://www.youtube.com/channel/UC58aowNEXHHnflR_5YTtP4g)

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### **Home Learning - PE**

Well done to everyone who has engaged in Google Classroom and taken on the various PE challenges.

It is important to participate in PE activities, make healthy choices and support emotional and mental well-being while children are off school.

### **BH Skipping Challenge**

In total we have over 23000 skips so far – well done! Try the 2 minute skipping challenge, counting your skips each day.

### **PE with Joe Wicks**

It's fantastic! It's a great way to start the day and with a range of exercises it can be adapted for all levels.

### **Imoves**

This is a resource that we currently use in school and the children are familiar with. Resources include – dance, activity blasts, home Pilates, yoga and mindfulness activities.

<http://theimovement.com/>

Upload photos and videos of your home PE sessions to Twitter - @barrowhedgespe

## Achievements

Well done to Ethan (Chestnut) who has been chosen to box in the 8<sup>th</sup> Annual Box Cup in Ireland in June!

If you have any sporting achievements that you would like us to celebrate please forward a picture and a short paragraph explaining the sporting event/achievement to [office@barrowhedges.com](mailto:office@barrowhedges.com)

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## Twitter and Website



Remember you can follow all the sporting events and activities on Twitter:

**@barrowhedgespe**



Match reports and information on sporting competitions is also available to view on the School website through the PE curriculum page.