



Friday 25th May 2018

Dear Parents and Carers,

I am writing to inform you that the week beginning 4th June will be our annual 'Creativity Week'. Many of you will know that this is always a hugely successful week at Barrow Hedges and we are sure that this year will be no exception.

The title of our Creativity Week is '**This is Me!**' with the underlying theme being to support our children to develop positive mental health.

I am sure you will have read the reports of mental health issues rising in the classroom and that there is an increased focus on wellbeing within the curriculum. At Barrow Hedges, we have always been acutely aware of the importance of supporting children's emotional wellbeing; we feel that having this as a focus for our Creativity Week will enable us to specifically teach the children some strategies for positive self-esteem and mindfulness and enable them to explore different ways to relax. We will do this in a sensitive yet purposeful way. Children will participate in a variety of activities linked to the theme 'This is Me!'

I would like to thank the PTA for their support in our Creativity Week – they are funding a variety of workshops and visits as well as the purchasing of additional creative resources.

At the end of the week, staff and children will come together to share what we have learnt in each year group, e.g. artwork, posters, songs, dances and films. To ensure that parents get an insight into the week, we will send home a special edition of Hedgelines afterwards.

Please do talk to your child each day and ask them about what they have learnt.

We are sure this will be a great week with many positive learning experiences for everyone.

Have a lovely half term and a restful break.

Yours sincerely

Louise Wood

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